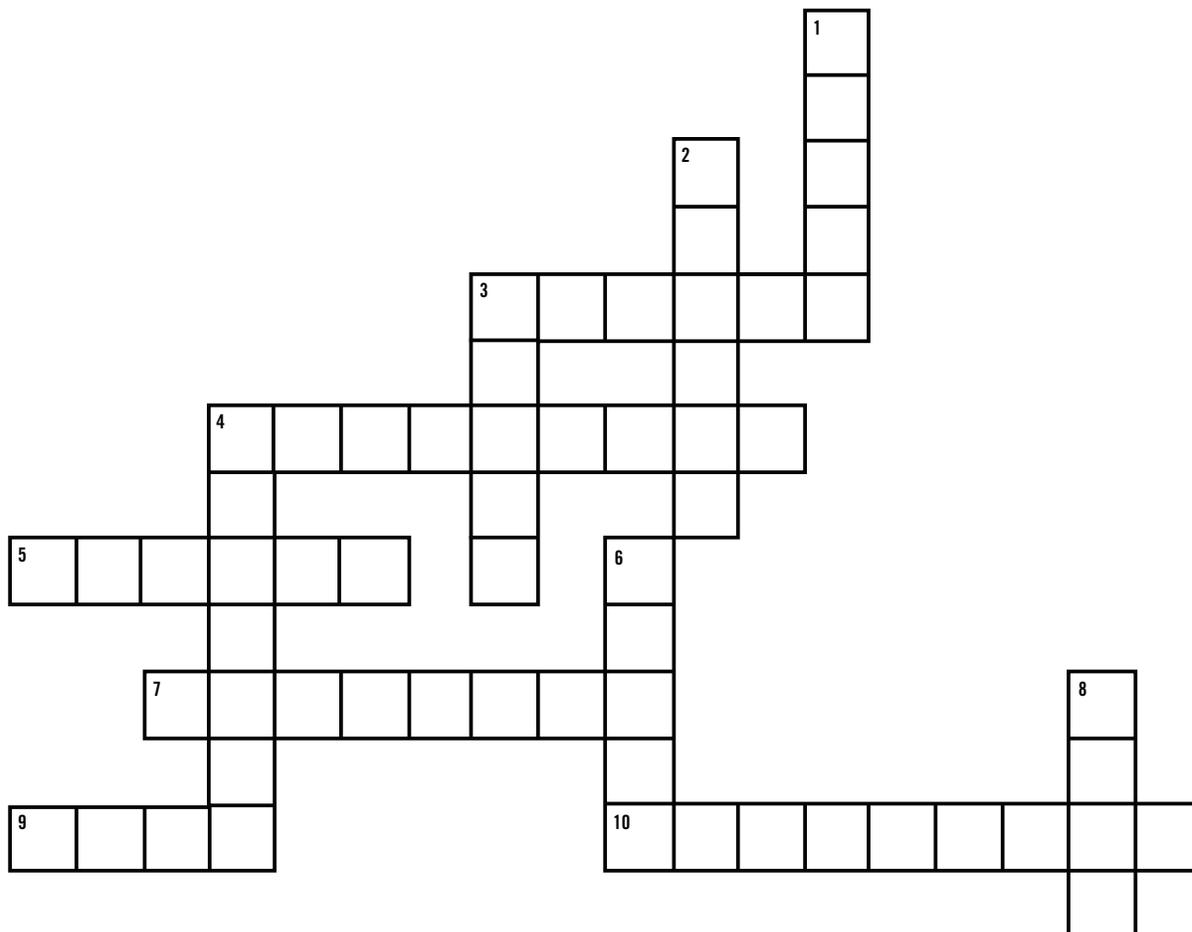


# TOBACCO-FREE BRAIN GAMES CROSSWORD: REWARDS OF QUITTING

When quitting tobacco, cravings will come and go. Help fight them by keeping your hands and mind busy.

**Directions:** Use the clues related to the rewards of quitting.

For more puzzles, games and tips, visit [OKhelpline.com](http://OKhelpline.com).



## ACROSS

3. AVOID THESE BLEMISHES ON YOUR FINGERNAILS BY QUITTING
4. WITHOUT SMOKE
5. LOWER YOUR RISK OF THIS DISEASE BY QUITTING
7. OKLAHOMA TOBACCO \_\_\_\_\_
9. THESE TISSUES AROUND YOUR TEETH BECOME HEALTHIER
10. ANOTHER WORD FOR JOY

## DOWN

1. ADD MORE DAYS, MONTHS AND \_\_\_\_\_ TO YOUR LIFE BY QUITTING
2. HOW YOUR TEETH WILL APPEAR AFTER QUITTING
3. THIS SENSE WILL GO BACK TO NORMAL AFTER QUITTING
4. ANOTHER WORD FOR ACHIEVEMENT OR ACCOMPLISHMENT
6. HOW YOUR BREATH WILL SMELL AFTER QUITTING
8. QUIT AND HAVE MORE OF THIS IN YOUR WALLET

- ANSWERS**
- ACROSS**
10. HAPPINESS  
9. GUMS  
7. HELPLINE  
4. SUCCESS  
5. CANCER  
3. SMELL  
4. SMOKERFREE  
2. WHITER  
1. YEARS  
3. STAINS
- DOWN**
8. CASH  
6. FRESH  
4. SUCCESS  
3. SMELL  
2. WHITER  
1. YEARS  
3. STAINS