

TOBACCO-FREE BRAIN GAMES

SUDOKU: MEDIUM

When quitting tobacco, cravings will come and go. Help fight them by keeping your hands and mind busy.

Directions: Fill in all empty squares so that the numbers 1-9 appear exactly once in each row, column and 3x3 box.

For more puzzles, games and tips, visit OKhelpline.com.



	1	9		8	6			3
	5		9		3	6		1
6							9	
	2	6	4	3				5
5								6
7				1	5		2	4
		4						8
1		5	8	6	7		3	
2				4		5	7	