

TOBACCO-FREE BRAIN GAMES

WORD SEARCH: REWARDS OF QUITTING

When quitting tobacco, cravings will come and go. Help fight them by keeping your hands and mind busy.

Directions: Find the words in the puzzle related to the rewards of quitting.

For more puzzles, games and tips, visit OKhelpline.com.



I K M C R Y N B E C N T O I H
X N O B K W C W O V E S V U Z
I Y D W S S E N I P P A H Z E
K Y E E R O F X M Z X E Z U P
R Q E R P I V S M L S B N J O
V V R D D E D O U X L R S I S
L I F E R R N C A G X E F B I
Y E N J A E B D L F C A M U T
E C P W Y W I V E E H T W S I
E K E T S A T H O N A H Q T V
P R Z E Q A Z T T I C N I C I
O L M Q M V R E D L T E E C T
U I Z Q E J E E O B A D Z R Y
T B B W P V F T L E U E T X X
C O N T R O L N Y E P Y H H U

BREATH

FREEDOM

LIFE

SMELL

CLEANER

HAPPINESS

MONEY

TASTE

CONFIDENCE

HEALTHIER

POSITIVITY

TEETH

CONTROL

INDEPENDENCE

REWARDS

TIME