

TOBACCO-FREE BRAIN GAMES

SUDOKU: EASY

When quitting tobacco, cravings will come and go. Help fight them by keeping your hands and mind busy.

Directions: Fill in all empty squares so that the numbers 1-9 appear exactly once in each row, column and 3x3 box.

For more puzzles, games and tips, visit OKhelpline.com.



		6		4				1
5	4	2	1		7		8	6
	3		8		5		9	4
6	5		7	1		4		
2		7	9					5
		3		5	6	1	7	8
1	7		6		8			
8			4		1	5	6	7
3	6		5			8	1	