

TOBACCO-FREE BRAIN GAMES

SUDOKU: HARD

When quitting tobacco, cravings will come and go. Help fight them by keeping your hands and mind busy.

Directions: Fill in all empty squares so that the numbers 1-9 appear exactly once in each row, column and 3x3 box.

For more puzzles, games and tips, visit OKhelpline.com.



	7	5		9		8	4	
3				7	5			
							6	
	2	7				5		
			7					1
	8	6	5	4				7
					1			2
	4			6			9	
7		2	3			1		