

# TOBACCO-FREE BRAIN GAMES

## COLORING PAGE

When quitting tobacco, cravings will come and go. Help fight them by keeping your hands and mind busy.

For more puzzles, games and tips, visit [OKhelpline.com](http://OKhelpline.com).

Oklahoma Tobacco Helpline  
**1 800 QUIT NOW**  
1-800-784-8669 [OKhelpline.com](http://OKhelpline.com)

